



Rhody's

GARDEN CAFÉ

707-964-4352 x 104

Open Daily! 10AM - 4PM

Lunch items served from 11AM to 3PM

We use our own organically grown vegetables (as available), and Fort Bragg Bakery organic breads. All flowers on your plate are edible!
Gluten free bread+.75 ¢

– LUNCH –

Chicken Panini

\$15.95

Roasted chicken, roasted red peppers, sauteed onions, smoked gouda cheese, Dijon mustard on a ciabatta roll

Portabella Mushroom Veggie Panini

\$15.95

Portabella mushrooms, roasted zucchini, balsamic onions, fresh spinach, pesto and feta cheese on a ciabatta roll

Hummus Veggie Sandwich

\$15.95

Fresh housemade hummus, tomato, cucumbers, carrots, marinated onions, avocado, sprouts on sourdough, or multigrain
Add tempeh + \$5.00

Turkey Pesto Sandwich (Hot or Cold)

\$15.95

Roasted turkey, pesto, mayo, jack cheese, tomato, artichoke hearts, lettuce on sourdough or multigrain *Add*
avocado + \$3.00

BLT

\$15.95

Bacon, lettuce, tomato, mayo on toasted sourdough or multigrain
Substitute tempeh +1.50 *Add avocado + \$3.00*

Deli Sandwich

\$15.95

Choice of ham, turkey or avocado with mayo and mustard, tomato, lettuce, choice of cheese on multigrain or sourdough
Add avocado + \$3.00

Build Your Own Grilled Cheese

\$9.50

Basic with your choice of cheddar, Swiss, smoked gouda or jack

Add Tomatoes + \$1.00 Ham, Turkey or Bacon +\$5.00 Avocado +3.00

Quesadilla **\$9.50**

Jack and sharp cheddar cheese with salsa, sour cream
Add chicken +5.00 Add avocado +3.00

House Salad Small **\$10.00** Large **\$13.50**

Fresh organic green mix, sprouts, tomato, marinated red onions, carrots, and cucumbers. Choice of house dressings-Vinaigrette, Ranch, or Blue Cheese

Add chicken +5.00 Add avocado + \$3.00 Add Feta +\$2.50

Chopped Buffalo Chicken Salad – Spicy- **\$16.00**

Organic romaine, cucumbers, carrots, avocado, celery & tomatoes

Spinach Salad Small **\$11.00** Large **\$14.50**

Organic baby spinach, tomato, cucumbers, marinated onions, artichoke hearts, sprouts, feta Add avocado + \$3.00 Add chicken +5.00 Tempeh +5.00

Housemade Soups

Served with bread & butter

Soup of the day **Cup \$6.50 Bowl \$10.00**

Vegan Soup of the day Cup \$6.50 Bowl \$10.00

Clam Chowder (Served Thursdays and Fridays) Cup \$7.50 Bowl \$12.00

Soup & Salad – Cup of veggie soup with small salad **\$15.00**

Cup of Soup or Salad and Half Sandwich (choice of hummus, turkey pesto or deli sandwich)
\$16.00

Make it Chowder- served w/ small salad, bread, and butter **\$16.50**

Bagel –assorted Fort Bragg Bakery Bagels

Served with cream cheese or hummus **\$6.50**

Add tomatoes, cucumbers, sprouts, pickled red onions **\$9.00**

- DOGGIE DISH - APPROVED BY RHODY -

For Our Dog Friends

Sweet potatoes, chicken breast, peas and brown rice

Small 3 oz \$5.00 Large 5 oz \$6.50

– SNACKS & SIDES –

Ham & Cheese Roll	\$7.00
Bagel Dog	\$6.50
Chips (assorted)	\$2.75
Assorted muffins, cookies and gluten free treats from Fort Bragg Bakery and GoodLife Cafe	

– ICE CREAM –

Cowlick's Local Handmade Ice Cream

Served in a cup or cake cone

<i>Mini</i>	\$4.75	<i>Double mini</i>	\$9.00
<i>Single</i>	\$5.75	<i>Double single</i>	\$10.50

Root Beer Float	\$9.50
Orange Cream Float	\$9.50
Affogato Float	\$9.50

– DRINKS –

Prepared to Order

Hot Organic Coffee – regular or decaf **12 oz. \$4.00 or 16 oz. \$4.75**

*Featuring Thanksgiving Coffee Company's organic Flowerland,
supporting pollinators worldwide.*

'Cold Brew' Coffee - Housemade Organic **\$4.75**

Iced Black Tea – unsweetened **\$4.00**

Iced Raspberry Tea – organic, herbal **\$4.00**

Hot Tea – selection of organic teas **\$4.00**

Chai – organic w/milk (hot or cold) **\$5.25**

Dirty Chai – w/ coffee, half & half (hot or cold) **\$6.25**

Hot Chocolate – made w/ milk, served w/ whipped cream **\$4.50**

Strawberry Lemonade – housemade *Small 12oz* **\$5.25**

Large 16 oz **\$6.75**

Arnold Palmer – strawberry lemonade and black tea **\$5.75**

Organic Apple Juice **\$5.00**

Sparkling Water- *Various Flavors*

\$3.50

Check out our Grab and Go for additional Drinks and Snack choices

**RHODY'S GARDEN CAFÉ at the
MENDOCINO COAST BOTANICAL GARDENS**

18220 N Highway 1, Fort Bragg, CA 95437